

Systemic Inflammasome Activation and Pyroptosis Associate with the Progression of Alzheimer's Disease

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Abstract

Background: Growing evidence indicates that inflammasome-mediated inflammation plays an important role in the pathophysiology of Alzheimer's disease (AD). Likewise, gasdermin D (GSDMD) as executive molecule in inflammasome-induced pyroptosis is also involved in many neurological disorders. However, it is not clear whether inflammasome and pyroptosis is activated in the periphery of AD patients and influences central inflammation. The aim of this study was to evaluate the association between systemic inflammasome-induced pyroptosis and clinical features in the progression of AD.

Methods: A total of 86 participants, including 33 patients with AD, 33 patients with amnesic mild cognitive impairment (aMCI), and 20 controls, were included in this study. The cognitive level of each participant was evaluated, including Mini-mental State Examination (MMSE) and Montreal Cognitive Assessment (MoCA) scores were assigned. We collected blood samples from each participant. Gene transcriptomes of peripheral blood mononuclear cells (PBMCs) were determined by RNA-seq. The expression levels of inflammasome-related genes/proteins in PBMCs were determined using quantitative polymerase chain reaction and western blotting. Cerebrospinal fluid (CSF) samples were collected from all AD patients. The levels of IL-1 β , A β 1-42, p-tau, and t-tau in CSF, as well as the plasma IL-1 β level, were measured by enzyme-linked immunosorbent assay. Lastly, a low dose of lipopolysaccharides (LPS) was performed to investigate the effects of systemic pyroptosis in AD mice model.

Results: Several genes involved in the inflammatory response pathway were enriched in PBMCs of AD patients. The mRNA and protein levels of NLRP3, caspase-1, GSDMD, and IL-1 β were all increased in PBMCs from AD and aMCI patients. The IL-1 β levels in plasma and CSF in AD and aMCI patients were significantly higher than those in controls and have a negative correlation with levels of A β 1-42 in CSF, MMSE and MOCA scores. Furthermore, there was a positive correlation between the IL-1 β level in plasma and CSF of AD or aMCI patients. In addition, animal experiments also showed that systemic pyroptosis aggravates neuroinflammation in 5 \times FAD mice.

Conclusions: All these findings showed that the canonical inflammasome pathway and GSDMD-induced pyroptosis is activated in PBMCs from AD and aMCI patients. Proinflammatory cytokine IL-1 β in periphery is highly associated with the pathological process of AD. Targeting peripheral inflammasomes and pyroptosis may be a strategy to inhibit neuroinflammation in AD.

Introduction

Alzheimer's disease (AD) is one of the most common neurodegenerative disorders. Parenchymal β -amyloid (A β) deposition, which results in neuron death and cognitive decline, is believed to be the main feature of the disease [1]. However, genetic tests, as well as drugs that prevent or even eliminate A β deposition, are ineffective, even if they are used in patients with early AD [2, 3]. These findings indicate that the etiology of AD may have other possibilities.

Neuroinflammation plays important roles in several neurological and neurodegenerative diseases such as Parkinson's disease, amyotrophic lateral sclerosis, and AD [4–6]. Studies have shown that chronic neuroinflammation can occur prior to A β and tau pathologies in AD [7]. Proinflammatory cytokines, especially interleukin (IL)-1 β , can drive the neuroinflammatory process, and its level is upregulated in the brain and cerebrospinal fluid (CSF) of AD patients [8]. Moreover, peripheral proinflammatory cytokines can penetrate the blood-brain barrier (BBB), thereby promoting inflammation in the brain [9]. Goehler's study revealed that intraperitoneal injection of IL-1 β induces inflammation in the brain, suggesting that this cytokine may serve as a key mediator of crosstalk between the immune system and central nervous system (CNS) [10]. Other studies have reported an association between the plasma IL-1 β level and the progression of AD [11, 12]. However, there is no study on the association between neuroinflammation in CSF and systemic inflammation in Peripheral blood mononuclear cells (PBMCs) of AD patients.

Inflammasomes are a group of cytosolic multiprotein complexes that can recognize many stimulatory signals and induced several inflammatory cytokines production [13]. Upon recognition of stimuli from pathogens and damaged tissues, the levels of inflammasome-associated pattern recognition receptors (PRRs), such as the NOD-like receptor (NLR) protein family members NLRP1, NLRP3, and NLRC4, as well as absent-in-melanoma 2 (AIM2) and PYRIN-CARD protein ASC, increased, which resulted in the oligomerization of cytosolic protein complexes [14]. These events activated caspase signaling, leading to the production of IL-1 β and IL-18 [13]. There is increasing evidence suggested that by inducing proinflammatory cytokines, especially IL-1 β , inflammasomes contribute to the neuroinflammation of AD [15]. Gasdermin D (GSDMD), a substrate of caspases-1 and -4/11, has been identified as an executive molecule in pyroptosis. The cleavage of GSDMD results in N-terminal fragment oligomerization and plasma membrane pore formation, which regulates the secretion of proinflammatory cytokines, including IL-1 β [16]. Recent studies have reported that GSDMD-induced pyroptosis is involved in many neurological disorders such as ischemic stroke [17], Parkinson's disease [18], and multiple sclerosis [19]. However, it is unclear whether GSDMD-induced pyroptosis occurred in periphery of AD patients and influences neuroinflammation.

The aim of this study was to investigate the association between systemic inflammation induced by inflammasome-mediated pyroptosis and AD progression.

Materials And Methods

Participants

We used the criteria of the National Institute on Aging and the Alzheimer's Association for AD diagnosis [20], and published criteria [21] for amnesic mild cognitive impairment (aMCI) diagnosis. We recruited 33 patients with AD and 33 patients with aMCI from the Department of Neurology, Affiliated Brain Hospital of Nanjing Medical University, from January 2019 to April 2020. For controls, we recruited 20 age-matched control participants with (i) no history of infectious, inflammatory, and autoimmune diseases; (ii) no history of psychiatric and memory disorders; and (iii) no history of prescription and non-

prescription drug use. All participants or their legal guardians provided informed written consent. This study was approved by the Institutional Review Board of the Affiliated Brain Hospital of Nanjing Medical University.

Collection of PBMCs from blood

Blood samples were collected in the morning and processed within 4 h. Approximately 3 mL of anti-coagulated whole blood was centrifuged at 3500 rpm for 3 min at 4°C, and the plasma was collected and stored at -80°C for the measurement of cytokines. To obtain PBMCs, 2 mL of whole blood was diluted with phosphate-buffered saline (PBS, 1:1) and transferred to centrifuge tubes containing 3 mL of Ficoll Paque (GE Healthcare, Uppsala, Sweden). After centrifuging at 400 × g for 20 min at room temperature, PBMCs were collected and washed twice in 10 mL of PBS. Cell pellets were re-suspended in TRIzol or lysis buffer for the isolation of RNA or protein, respectively.

Quantitative polymerase chain reaction (qPCR) analysis

Total RNA extraction, cDNA synthesis, and qPCR reactions were performed according to the manufacturer's instructions. TRIzol reagent (Invitrogen, CA, USA) was used to extract RNA from PBMCs, and RNA was used for subsequent cDNA synthesis. qPCR was performed using SYBR Premix Ex Taq (Takara Bio, Dalian, China). The following primers were used: *Il-1b* (5'-TGTAGTGGTGGTCGGAGATT-3', forward; 5'-ATGATGGCTTATTACAGTGGC-3', reverse), *Nlrp3* (5'-AGGGCGTTGTCACTCAGGT-3', forward; 5'-TCGGAGATTGTGGTTGGG-3', reverse), *Gsdmd* (5'-AGTGCCAGGGAGGCGTAGAGT-3', forward; 5'-TGGGTCTTGCTGGACGAGTG-3', reverse), *Caspase1* (5'-GGAAGAGCAGAAAGCGATAA-3', forward; 5'-TTGAAGGACAAACCGAAGG-3', reverse), *Caspase4* (5'-TGCCAGGAAAGAGGTAGAAA-3', forward; 5'-TCGGAAGGTACAGCAATCA-3', reverse), *Nlrp4* (5'-GACTAATGCTGGATCAGGTAG-3', forward; 5'-TTTGGCGGGAAATCGTGT-3', reverse), *Aim2* (5'-TCAGTACCATAACTGGCAAA-3', forward; 5'-AGAAATGATGTCGCAAAGC-3', reverse), *Nlrp1* (5'-AACGTAGAACTCCGAGAAC-3', forward; 5'-CGAATCCACAAGCCACCC-3', reverse), and *Gapdh* (5'-GAAGGTGAAGGTCCGAGTC-3', forward; 5'-GAAGATGGTGATGGGATTTTC-3', reverse). The relative expression level of each target gene was calculated using a standard curve and normalized against *Gapdh* expression level.

Immunofluorescence staining

PBMCs were collected, fixed with 4% paraformaldehyde (PFA) in 1.5-mL centrifuge tubes at 4 °C for 30 min, washed twice in PBS, blocked with 3% goat serum, and incubated with primary antibody: rabbit anti-cleaved N-terminal GSDMD (1:50, Abcam, JHY, UK), that were diluted with PBS containing 3% serum and 2 mM EDTA at 4 °C for 12 h, followed by treatment with secondary antibody: Alexa Fluor 555 anti-rabbit (1:500, Invitrogen, CA, USA). For animal experiments, mouse brains were fixed with 4% PFA, dehydrated with 30% sucrose, embedded in optimal cutting temperature compound, and sectioned at 25-μm thickness. Tissue slices were blocked, incubated with primary antibodies: rabbit anti-IBA1 (1:500, Wako, TKY, JPN), mouse anti-GFAP (1:500, Sigma, CA, USA), or mouse anti-NeuN (1:200, MilliporeSigma, CA, USA), and treated with secondary antibodies: Alexa Fluor 488 anti-rabbit (1:500, Invitrogen, CA, USA), and

Alexa Fluor 555 anti-mouse (1:500, Invitrogen, CA, USA), followed by staining with 4',6-diamidino-2-phenylindole (DAPI) or thioflavin S (Sigma-aldrich, MO, USA).

Collection of cerebrospinal fluid (CSF)

CSF was collected by lumbar puncture in the morning at the L3/L4 or L4/L5 level. The first 20 drops of CSF were discarded, followed by the collection of approximately 2 mL of CSF in a polypropylene tube. The samples were centrifuged for 10 min at $2000 \times g$ at room temperature to eliminate cells and other insoluble materials, aliquoted, and stored at -80°C until further processing.

Enzyme-linked immunosorbent assay (ELISA)

Plasma and CSF samples were collected from participants to determinate the protein levels of AD biomarkers and IL-1 β . The levels of AD biomarkers including A β 1–40, A β 1–42, p-tau-181, t-tau were measured with commercially available ELISA kits (INNOTEST, Fujirebio, Ghent, Belgium) according to the test procedure in manufacturer's protocols. Levels of IL-1 β in plasma and CSF were measured with commercial ELISA kits (Jingmei, Yancheng, China). A microplate reader (Antobio, Zhengzhou, China) was used to obtain absorbance readings. For animal experiments, serum and brain tissue were collected from mice and used to detect the protein level of IL-1 β .

Western blot analysis

Approximately 1.5×10^6 PBMCs were mixed with 70 μL of loading buffer (Yeasen, Shanghai, China) and then boiled in a water bath set to 99°C for 10 min. The protein samples and PageRuler Prestained Protein Ladder were loaded onto SDS-polyacrylamide gels, and then blotted onto PVDF membranes. The blots were incubated overnight at 4°C with the following primary antibodies: mouse anti-NLRP3 (1:1000, Adipogen Corporation, CA, USA), rabbit anti-caspase-1 (1:1000, Abcam, JHY, UK), rabbit anti-GSDMD (1:200, Novus, Littleton, USA), mouse anti-IL-1 β (1:1000, R&D Systems, Minneapolis, USA), mouse anti- β -actin (1:4000, Sigma-aldrich, MO, USA). The membranes were then washed three times with Tris-buffered saline and incubated with secondary antibodies: IRDye 800CW goat-anti-mouse/rabbit (1:3000, LI-COR Biosciences, Lincoln, USA). Image J software was used to analyze the intensities of the bands. In the animal study, mouse spleens were harvested and homogenized 1:10 in homogenization buffer (20 mM Tris-HCl, 150 mM NaCl, 1 mM EGTA, 1 mM EDTA, 2.5 mM sodium pyrophosphate, 1 mM β -glycerol phosphate, 1 mM sodium vanadate, 1% Triton X-100, 1 mg/mL leupeptin, and protease inhibitor cocktail, pH 7.5). The concentrations of the protein samples were quantified with the bicinchoninic acid method (Bio-Rad, Hercules, CA, USA) after centrifuging at $12000 \times g$ for 10 min. The protein samples were then subjected to western blotting analysis as indicated above.

RNA-seq analysis

For RNA-seq, PBMCs were obtained. RNA isolation, cDNA library construction, and RNA-seq were performed with the BGISEQ-500 system (Beijing Genomic Institution). Clean reads were mapped to the human genome (hg38) by HISAT2. Thereafter, the matched reads were calculated and normalized to FPKM. Fold changes were calculated for all possible comparisons. To select genes with significant

changes in expression, a 1.5-fold cutoff was used. Gene Ontology biological process (GO-BP) pathway analyses were performed using the R package. Target genes were filtered using significantly different gene expression ($P < 0.05$). Raw data files and processed files have been deposited in the Gene Expression Omnibus under accession no. GSE265984.

Treatment of mice with lipopolysaccharides

Animals and treatments

We used 5-month-old 5×FAD mice, kindly provided by Dr. Ming Xiao (Nanjing Medical University, Jiangsu, China), which carried mutations in both the human amyloid precursor protein (APP695) and presenilin-1 (PSEN1) genes. The APP gene contains three familial AD (FAD) mutations: Swedish (K670N, M671L), Florida (I716V), and London (V717I). The PSEN1 gene contains two FAD mutations: M146L and L286V. Low-dose lipopolysaccharides (LPS; 500 µg/kg) or PBS control was injected intraperitoneally 48 hours before the mice were sacrificed. In GSDMD inhibitor treatment experiments, disulfiram (50 mg/kg) or PBS was injected intraperitoneally 4 hours before challenge with LPS. Serum, brain, and spleen tissues were collected for ELISA, western blotting, and immunofluorescence analyses, as described above ($n = 3/\text{group}$). Animal experiments were conducted according to the National Institutes of Health Guidelines for the Care and Use of Laboratory Animals, and all animal procedures were approved by the Ethical Review Committee for Laboratory Animal Welfare of Nanjing Medical University.

Statistical analysis

Data are shown as the means \pm standard error of the mean (SEM). Statistical analysis was performed with one-way ANOVA followed by Sidak's multiple comparisons test or unpaired t test. The correlative analysis was performed using a linear regression model. Chi-square test was used for the analysis of discrete variable such as sex. All statistical analyses in this study were performed in GraphPad Prism 6.0 software (Graph Pad Software Inc., San Diego, CA, USA). P values are indicated as $^*P < 0.05$, $^{**}P < 0.01$, and $^{***}P < 0.001$.

Results

3.1 Participant characteristics

A total of 66 patients and 20 healthy control individuals participated in the study. The characteristics of the participants are listed in Table 1. No statistical differences were found in age or sex among the aMCI, AD, and control groups. The Mini-Mental State Examination (MMSE) and Montreal Cognitive Assessment (MoCA) scores were significantly different between aMCI and control groups, aMCI and AD groups, and AD and control groups. The expression of AD biomarkers, including CSF A β 1–42, A β 1–40, and p-tau-181, differed between patients with aMCI and patients with AD.

3.2 Inflammation-related pathways and genes are enriched in PBMCs of patients with AD

Inflammasomes have been widely confirmed to play important roles in the progression of neuroinflammation. To investigate whether a specific relationship exists between peripheral inflammasome activation and dementia, we first investigated gene transcriptome changes in PBMCs between patients with AD and healthy controls, by performing RNA sequencing analysis. GO biological process analysis indicated that the most significantly changed gene enrichment pathways in patients with AD were immune system process, innate immune response, and inflammatory response, etc (Fig. 1a). Moreover, gene network and gene set enrichment analysis (GSEA) revealed enrichment in the up-regulated genes involved in the inflammatory response pathway in patients with AD (Fig. 1b). These findings agreed with those of the heatmap, which showed the levels of many genes involved in inflammasome-mediated inflammation, such as *Il1r1*, *Il1rap*, *Nlrc4*, *Nlrp6*, *Nlrp9*, *Aim2*, *Casp1*, and *Casp4* were increased in the PBMCs of patients with AD (Fig. 1c). Thus, these genomic analyses implied the upregulation of peripheral inflammasome-mediated inflammation pathways in patients with AD.

3.3 Activation of inflammasomes and GSDMD in PBMCs from patients with AD

To further confirm the changes in peripheral inflammasomes, we increased the number of clinical samples to analyze the expression of inflammasome associated genes by real-time PCR. As shown in Fig. 1, the gene expression of NLRP3 and AIM2 was higher in patients with aMCI or AD than in the controls (Fig. 2a, b), whereas the expression of NLRP1 and NLRC4 genes did not differ among the groups (Fig. 2c, d). We next detected the gene expression of downstream effector proteins. The results showed that the gene expression of caspase-1 and IL-1 β was higher than that in the control group, but caspase-4 did not differ among the groups (Fig. 2e, f, g). These data were partially consistent with our genomic results. GSDMD has been extensively studied in pyroptosis, and the release of IL-1 β is highly dependent on the activation of GSDMD [22, 23]. Therefore, we detected the GSDMD gene expression in the different groups; to our knowledge, such detection has not been reported previously. Notably, compared with that in the control group, the GSDMD gene expression in the aMCI and AD groups was higher, as expected (Fig. 2h).

3.4 Inflammasome-induced pyroptosis drives systemic inflammation in patients with AD

To confirm the changes in inflammasomes at the protein level in PBMCs during AD, we then investigated the protein expression of the main components of the inflammasome pathway by western blotting. The expression of NLRP3, cleaved caspase-1, and mature IL-1 β relative to that of β -actin in PBMC lysates from patients with aMCI was greater than that in the controls, and was significantly greater in patients with AD than the controls (Fig. 3a, b). More importantly, the cleavage of GSDMD markedly increased in aMCI and AD, thus indicating the exacerbation of pyroptosis induced by GSDMD. Next, we visualized the proportion of pyroptosis in PBMCs through immunofluorescence, the numbers of GSDMD N-terminal positive cells in PBMCs from patients with AD were markedly greater than those in the controls (Fig. 3c,

d). These data suggested the activation of the inflammasome induced pyroptosis pathway, thus potentially explaining the elevated peripheral inflammation in patients with aMCI or AD.

3.5 Plasma levels of IL-1 β are positively correlated with AD progression

Because plasma samples are relatively easy to obtain, they are often used as samples for analyses, thus offering the prospect of readily measurable biomarkers for many diseases. In this study, we detected the IL-1 β concentrations in the plasma from patients with aMCI, patients with AD, and controls by ELISA. The levels of plasma IL-1 β in the patients with aMCI or AD were significantly higher than those in the controls (Fig. 4a). A β 1–42 in the CSF is an important biomarker of AD, and decreased A β 1–42 levels in the CSF indicate the accumulation of A β 1–42 in the brain parenchyma [24]. Therefore, we detected whether the plasma levels of IL-1 β correlated with the CSF levels of A β 1–42. The results showed a negative correlation between the two in patients with aMCI or AD (Fig. 4b, e). MMSE and MoCA are currently the most commonly used scales in cognitive function evaluation in clinical settings; lower scores imply more severe cognitive impairment. We also examined the correlation between plasma levels of IL-1 β and the MMSE and MoCA scores in patients. The levels of IL-1 β and the MMSE score were highly negatively correlated in both patients with aMCI and those with AD (Fig. 4c, d). However, the negative correlation between IL-1 β levels and the MoCA score was found only in patients with AD (Fig. 4f, g).

3.6 IL-1 β level in CSF is positively correlated with AD progression

The IL-1 β level in CSF from AD and aMCI patients was measured to determine the severity of inflammation in the brain. We examined the correlation between the IL-1 β level and clinical characteristics such as biomarkers in CSF and psychological evaluation. We found a weak negative correlation between the levels of IL-1 β and A β 1–42 in CSF from AD and aMCI patients (Fig. 5a, d), and a significant correlation between the IL-1 β level and MMSE and MoCA scores (Fig. 5b, c, e, f), indicating that IL-1 β , which associates with the progression of AD, may be as a potential biomarker of neuroinflammation in AD.

3.7 Positive correlation between IL-1 β levels in the plasma and CSF in patients with aMCI or AD

We next detected whether the IL-1 β levels in CSF correlated with the plasma IL-1 β levels. The levels of IL-1 β in the CSF from patients with aMCI or AD were highly positively correlated with the plasma IL-1 β levels (Fig. 6). This result implied that the level of peripheral inflammation is strongly associated with the level of central inflammation in patients with AD.

3.8 Peripheral inflammation aggravates neuroinflammation in 5×FAD mice

The development of neuroinflammation in neurodegenerative disorders is not only triggered by damage signals within the brain but also promoted by proinflammatory cytokines released from peripheral. To verify the influence of peripheral pyroptosis activation on neuroinflammation in an animal AD model, we intraperitoneally injected low-dose LPS into 5×FAD mice to induce the peripheral inflammation activation without crossing the blood-brain barrier, as previously reported [25]. The level of IL-1 β in the serum in 5×FAD mice treated with LPS was markedly greater than that in mice treated with PBS (Fig. 7a). Meanwhile, the activation of GSDMD in the spleen was enhanced by the administration of LPS (Fig. 7b, c). As expected, the level of IL-1 β in the brain also increased, although not significantly, as it did in the serum, thus suggesting an influence of peripheral GSDMD activation on brain microenvironments (Fig. 7a). Next, we explored the changes in AD pathological features after the administration of LPS in 5×FAD mice. Although, peripheral GSDMD and IL-1 β did not affect the deposition of A β plaques and the survival of neurons around the hippocampus, they enhanced the activation of microglia in the same area (Fig. 7d, e), probably because microglia, as CNS innate immune cells, are more sensitive to microenvironmental changes and can respond quickly. Notably, the injection of the GSDMD inhibitor disulfiram not only inhibited the activation of peripheral inflammation induced by LPS but also decreased the activation of microglia in the brain. Unexpectedly, disulfiram also appeared to decrease the peripheral and brain inflammation in 5×FAD mice without LPS stimulation.

Discussion

Many studies have indicated that systemic inflammation plays important roles in neurodegenerative diseases including AD [26]. The present study provides convincing evidence that inflammasomes and downstream pyroptosis are both activated in the PBMCs of patients with aMCI or AD. RNA-seq analysis revealed that gene enrichment pathways associated with the inflammatory response are upregulated in patients with AD. The mRNA levels and the protein activation of inflammasome related components in the PBMCs of patients with aMCI or AD were greater than those in the controls. In addition, the levels of IL-1 β in plasma were significantly elevated in patients with aMCI or AD, and were negatively correlated with the CSF A β 1–42 levels, and MMSE and MoCA scores. We also observed that the IL-1 β levels in CSF were negatively correlated with the CSF A β 1–42 levels, and MMSE and MoCA scores. Finally, a positive correlation between CSF IL-1 β levels and plasma IL-1 β levels was confirmed. These findings suggested canonical inflammasome and pyroptosis activation in the PBMCs of patients with aMCI or AD. IL-1 β in the periphery correlated with IL-1 β within the CNS, was also associated with the process of AD. We also used an animal model to verify the effects of peripheral pyroptosis in AD. LPS enhanced inflammation and pyroptosis in the periphery, whereas targeted inhibition of GSDMD decreased neuroinflammation in AD mice.

In the CNS, neuroinflammation are known to play important roles in the progression of AD [6]. Recent studies have shown that not only CSF, but plasma IL-1 β concentrations are also significantly higher in AD and MCI than in healthy control [27, 28]. Peripheral inflammatory cytokines can penetrate the blood-brain barrier and increase brain inflammation, thereby accelerating the pathological process of AD [9]. Consistently, in our study the levels of IL-1 β in plasma were significantly higher in patients with AD and aMCI than in controls, and showed a positive correlation with the CSF IL-1 β . This finding indicated that peripheral inflammation is closely associated with CNS inflammation. Inflammasome induced systemic inflammation plays an important role in nervous system diseases [29–31]. The canonical NLRP3/caspase-1 inflammasome is the most studied inflammasome in AD. Studies have shown that in amyloid-plaque containing mice and patients with AD, NLRP3 related gene and protein expression is elevated [32, 33]. Moreover, ASC or NLRP3 knockout decreases the amyloid plaque and Tau pathology in AD transgenic mice [34, 35]. In our study, we report the first detection of inflammasome related genes and proteins in PBMCs from patients with aMCI or AD, and control participants. The inflammasome pathway was significantly activated in the PBMCs of patients with aMCI or AD.

The downstream molecular events of inflammasome activation in pyroptosis was unclear until GSDMD was identified [16]. Inflammasome-induced cleavage of GSDMD N-terminus leading to plasma membrane pore formation, eventually inducing pyroptosis and release IL-1 β [22, 23]. GSDMD can be activated by both canonical and non-canonical inflammasomes, and thus has broad effects on pyroptosis induced inflammation. We hope that this study will provide information on the association between peripheral GSDMD-induced inflammation and AD that will be useful for future work. Recent studies have shown that disulfiram specifically inhibits the pyroptosis induced by GSDMD [19, 36]. Our AD animal model showed that administration of disulfiram inhibits peripheral inflammation and alleviates microglial activation during AD. After validation of these target proteins as biomarkers for diagnosis or assessment of disease progression in AD, the next step will be to target the biomarkers for potential new and improved treatments for the growing number of people with AD worldwide.

Conclusions

In summary, our results provide evidence that the NLRP3/caspase-1/GSDMD pathway is activated in the periphery of patients with aMCI and patients with AD. Peripheral inflammasome-induced pyroptosis increases IL-1 β and exacerbates the pathological process of AD.

Abbreviations

AD: Alzheimer's disease; GSDMD: gasdermin D; aMCI: amnesic mild cognitive impairment; MMSE: Mini-mental State Examination; MoCA: Montreal Cognitive Assessment; PBMCs: peripheral blood mononuclear cells; CSF: Cerebrospinal fluid; LPS: lipopolysaccharides; A β : β -amyloid; BBB: blood-brain barrier; CNS: central nervous system; PRRs: pattern recognition receptors; NLR: NOD-like receptor; ASC: apoptosis-associated speck-like protein containing a CARD; AIM2: absent-in-melanoma 2; PFA: paraformaldehyde;

ELISA: Enzyme-linked immunosorbent assay; FAD: familial AD; SEM : standard error of the mean; GSEA: gene set enrichment analysis

Declarations

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Availability of data and materials

The datasets and materials supporting the conclusions of this article are included within the article.

Author contributions

R.W.J., L.S., F.Y., and M.Z.X performed the experiments, analyzed the data, prepared the manuscript, and prepared the figures; X.H. and X.M. provided mentorship in key techniques and supervised the project; R.W.J., L.S., and S.J.P. designed the study and wrote the manuscript.

Ethics approval and consent to participate

We obtained informed consent from all participants, and was approved by the ethics committee affiliated Brain Hospital of Nanjing Medical University (Ethical approval number: 2019-KY051-01).

Consent for publication

Not applicable.

Disclosure statement

The authors declare no competing financial interests.

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Tables

Due to technical limitations, table 1 is only available as a download in the Supplemental Files section.

Figures

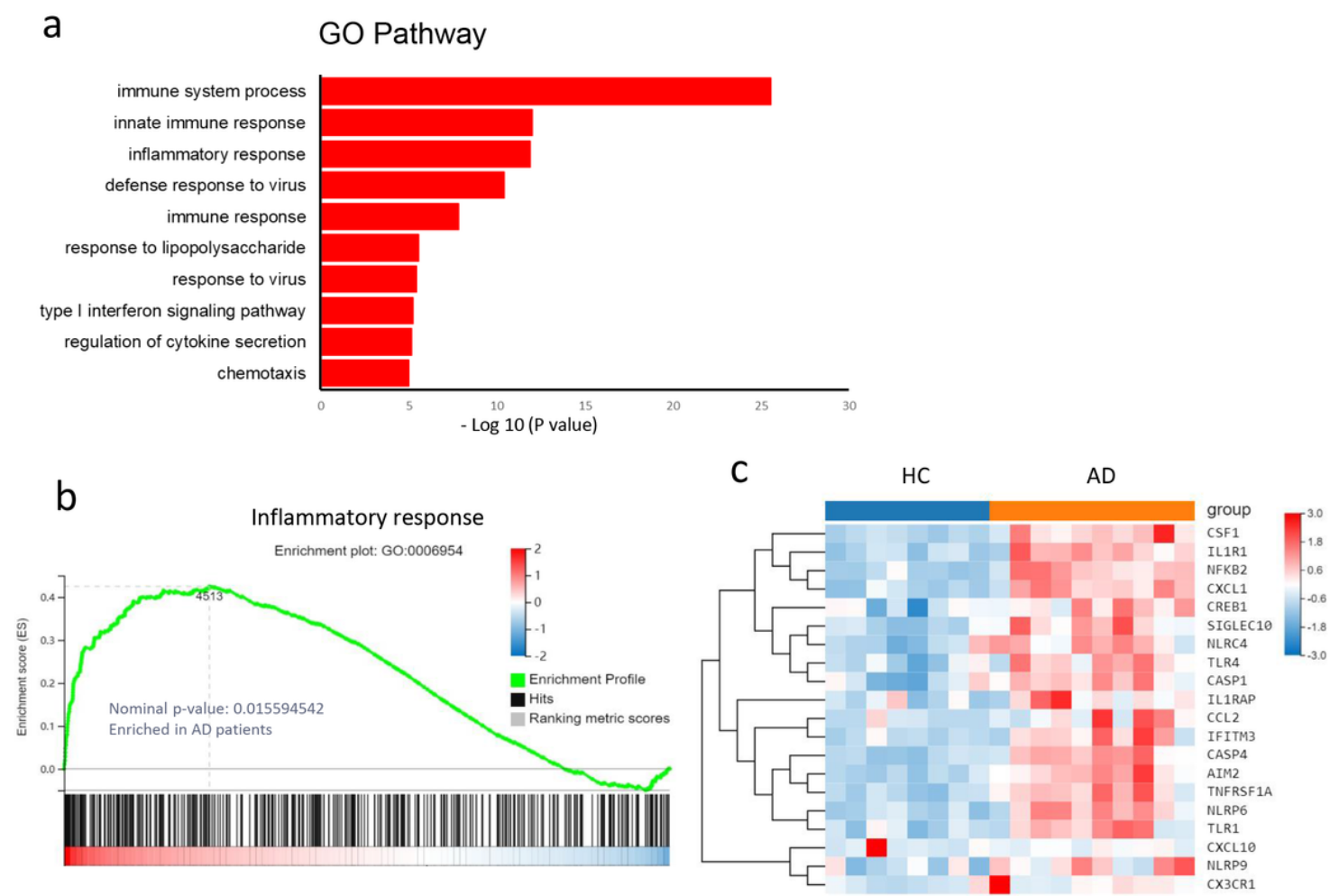


Figure 1

RNA-seq analysis of PBMCs from patients with AD and healthy controls. (a) GO-BP analysis showing the most significantly enriched signaling pathways in PBMCs. (b) GSEA of the genes associated with “inflammatory response” in PBMCs, on the basis of the Gene Ontology Biological Process Database. Nominal $P < 0.05$. (c) The heatmap of genes with adjusted P value < 0.05 , false discovery rate < 0.05 , and \log_2 fold-change > 1.5 from RNA-seq of PBMCs.

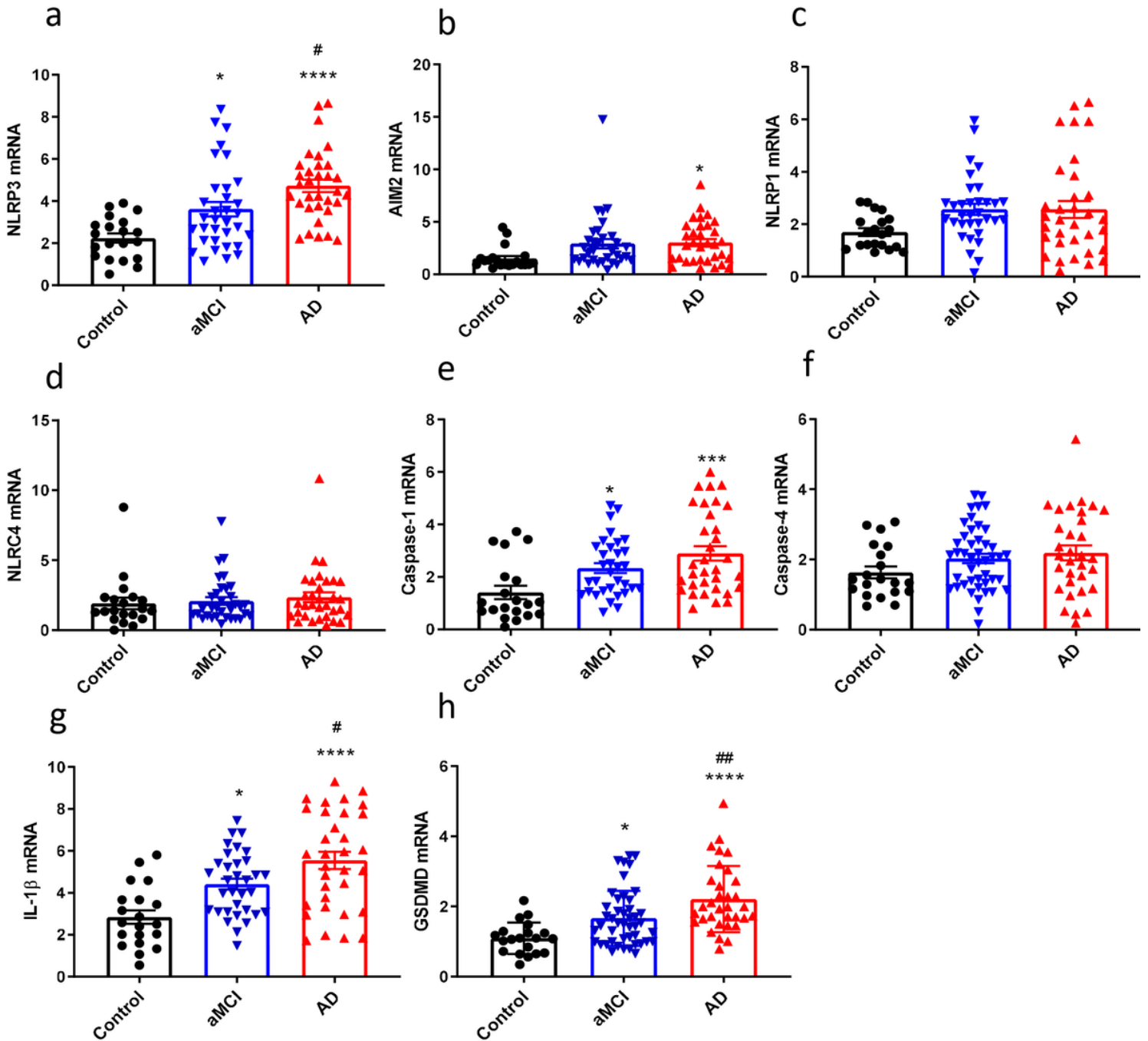


Figure 2

Expression of inflammasome-related genes in the PBMCs of patients with AD and healthy controls. (a-h) The mRNA expression levels of the indicated genes relative to GAPDH were determined by RT-qPCR analysis. *P < 0.05, ***P < 0.001, ****P < 0.0001 versus control group, #P < 0.05, ##P < 0.01 versus aMCI group. n = 20 for control, n = 33 for aMCI, n = 33 for AD. Data are expressed as means \pm SEM (n=5), One-way ANOVA.

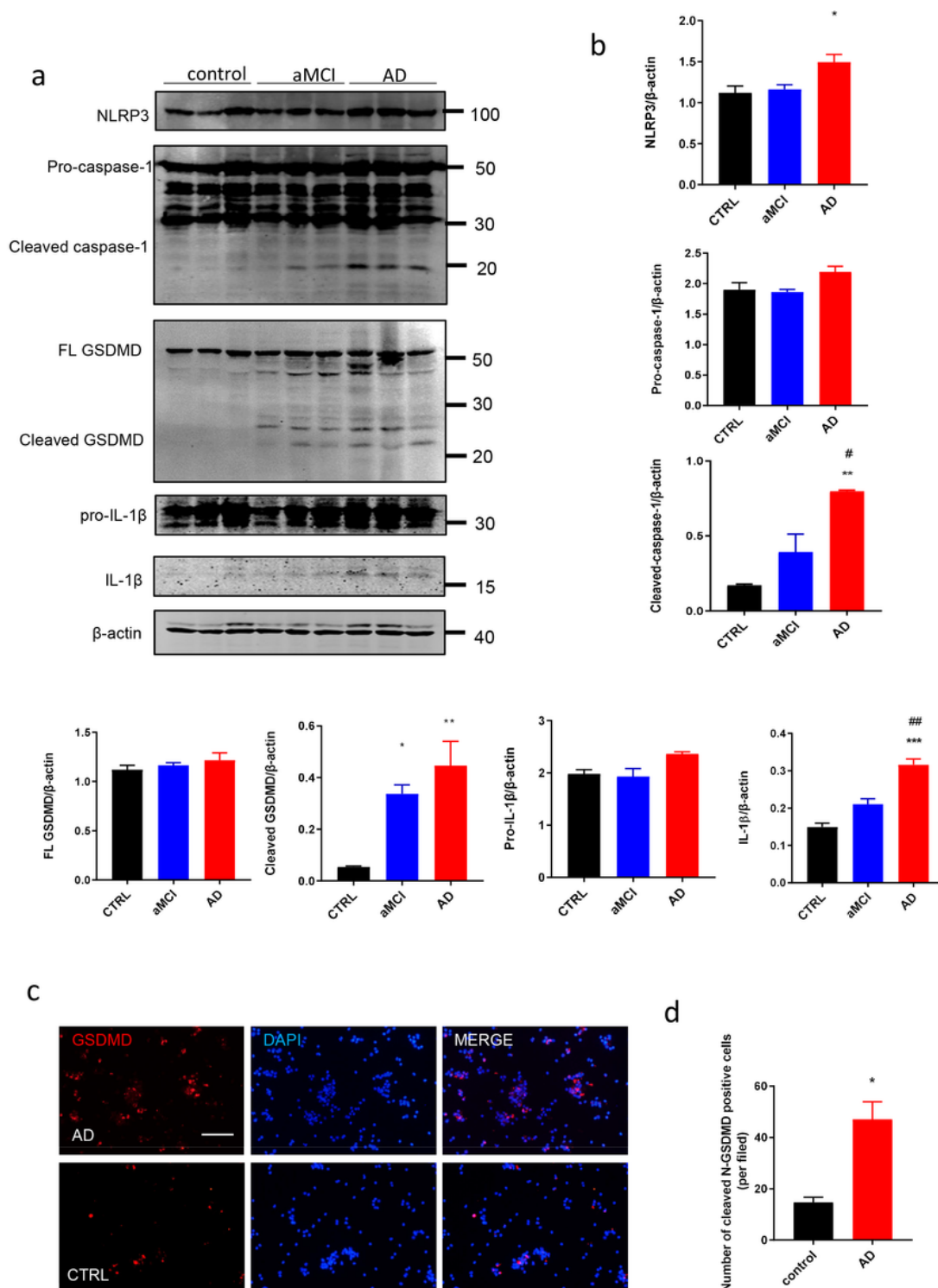


Figure 3

Activation of inflammasome and pyroptosis proteins in the PBMCs of patients with AD and healthy controls. (a) Expression of NLRP3 protein, cleaved caspase-1, and GSDMD protein, as well as mature IL-1 β protein, was determined by western blotting in PBMCs from three representative patients with AD, three representative patients with aMCI, and three control participants. (b) Statistics of quantified relative protein expression in a. (c) Immunofluorescence analysis of GSDMD N-terminus using PBMCs from a

representative AD patient and control. (d) Quantified numbers of positive cells in c. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ versus control group, # $P < 0.05$, ## $P < 0.01$ versus aMCI group. Data are expressed as means \pm SEM ($n=3$). One-way ANOVA for b. Unpaired t-test for d.

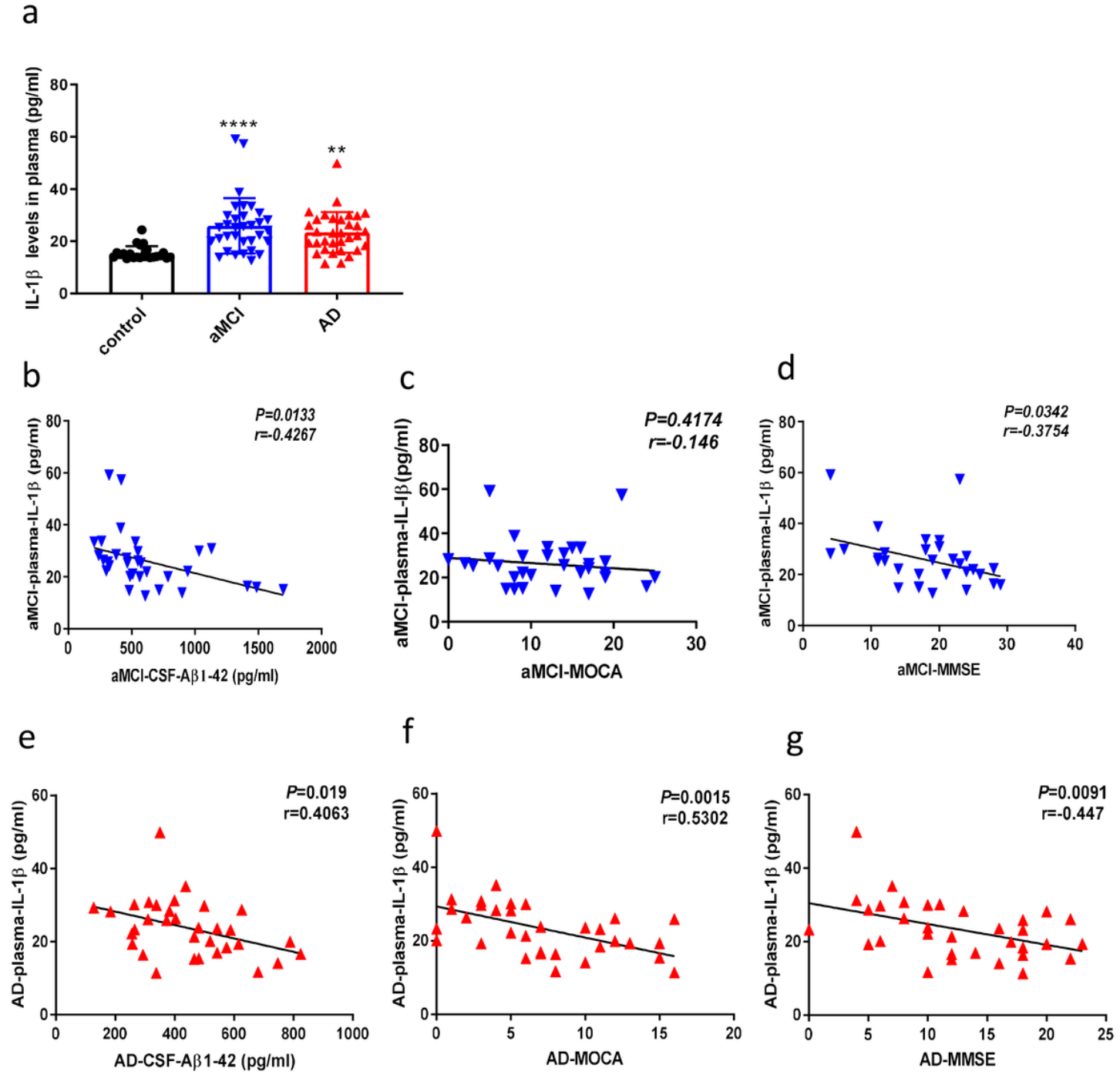


Figure 4

Plasma levels of IL-1 β in patients with aMCI, patients with AD, and healthy controls, and their correlation with clinical characteristics. (a) The expression levels of IL-1 β protein measured by ELISA in plasma from patients with AD, patients with aMCI, and healthy control participants. (b) Correlation of the IL-1 β levels in

plasma from patients with aMCI and the CSF A β 1–42, and MoCA and MMSE scores. (c) Correlation of the IL-1 β levels in plasma from patients with AD with the CSF A β 1–42, and MoCA and MMSE scores. ** $P < 0.01$, **** $P < 0.001$. $n = 20$ for control, $n = 33$ for aMCI, $n = 33$ for AD. Data are expressed as means \pm SEM. One-way ANOVA for a. The correlation was established by calculation of correlation coefficients.

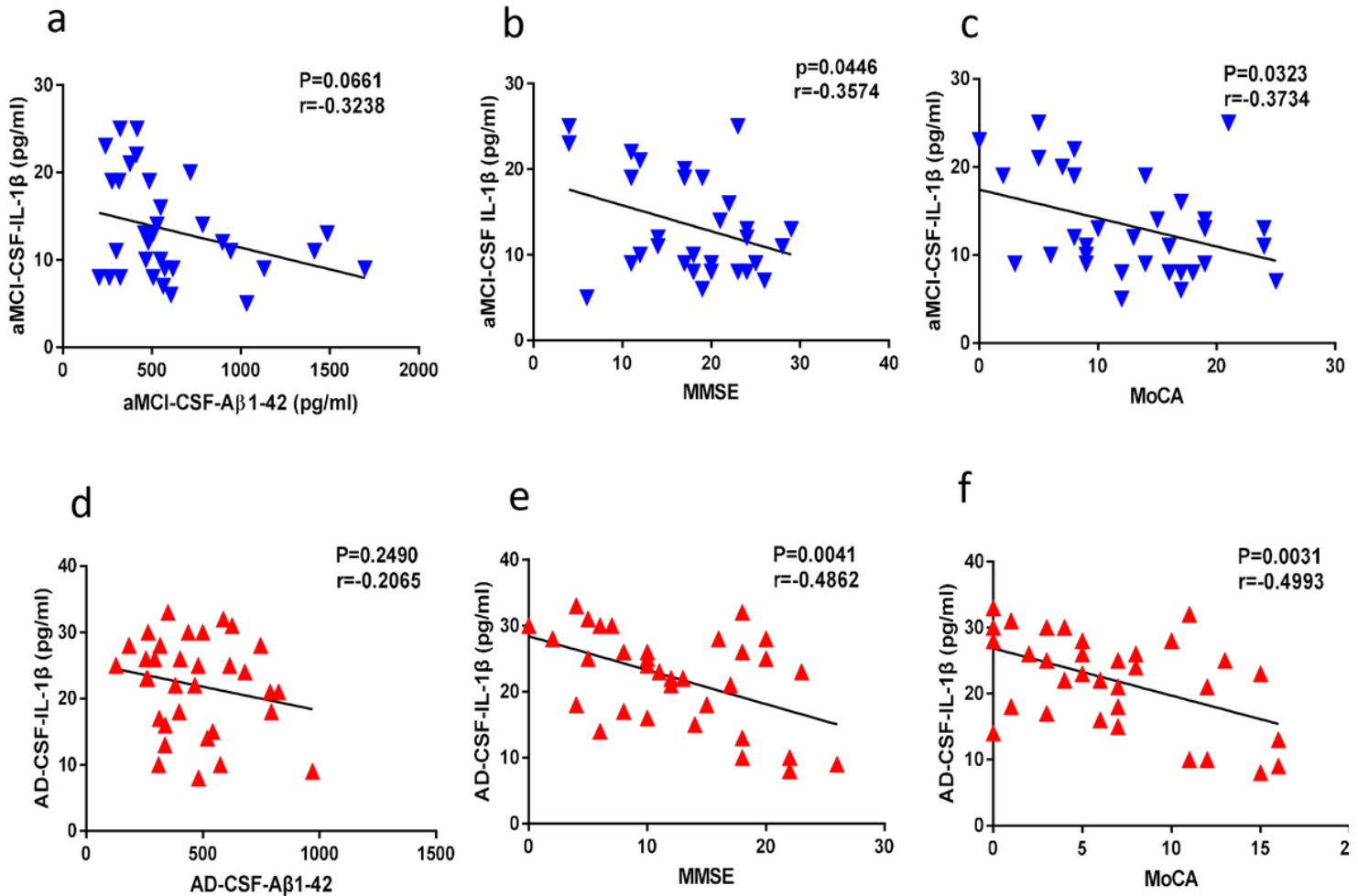
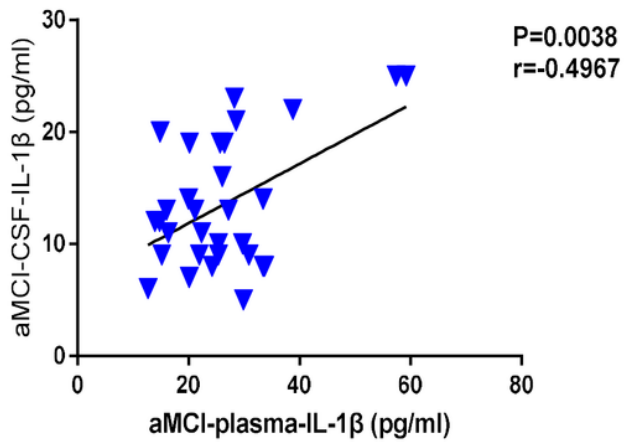
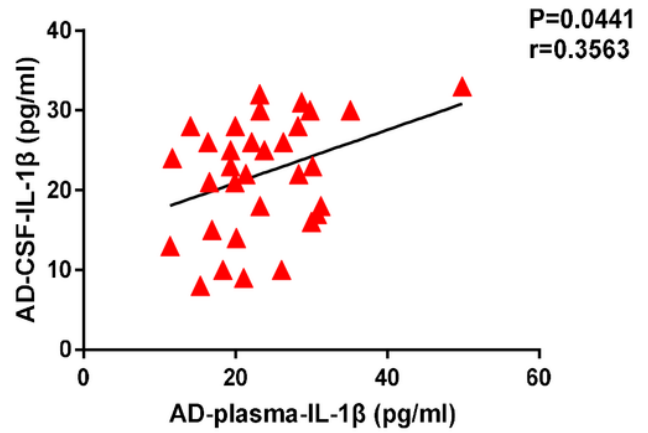


Figure 5

CSF levels of IL-1 β in patients with aMCI and patients with AD, and their correlation with clinical characteristics. (a) Correlation of the IL-1 β levels in CSF from patients with aMCI with the CSF A β 1–42, and MoCA and MMSE scores. (b) Correlation of the IL-1 β levels in CSF from patients with AD with the CSF A β 1–42, and MoCA and MMSE scores. $n = 33$ for aMCI, $n = 33$ for AD. The correlation was established by calculation of correlation coefficients.



aMCI



AD

Figure 6

The correlation between IL-1 β levels in the plasma and CSF in patients with aMCI and or AD. (a) Correlation of IL-1 β levels in the plasma and CSF in patients with aMCI. (b) Correlation of IL-1 β levels in the plasma and CSF in patients with AD. The correlation was established by calculation of correlation coefficients.

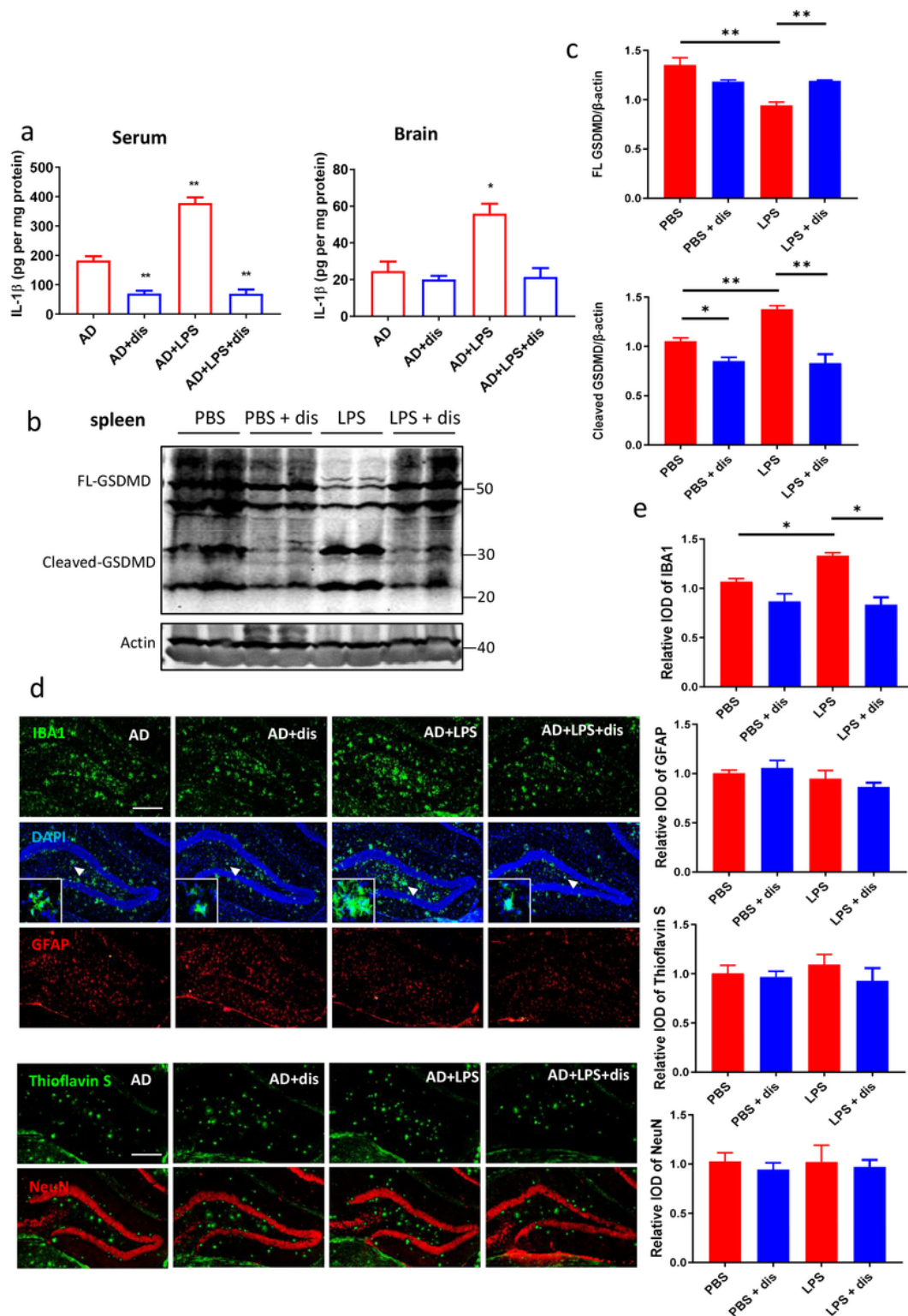


Figure 7

Peripheral pyroptosis affects the neuropathology of 5x FAD mice. (a) ELISA analysis of IL-1 β levels in the serum and brain in the indicated mice. (b-c) Western blot analysis of the expression and activation of GSDMD in the spleen in the indicated mice. And statistics of quantified relative protein expression. (d-e) Immunofluorescence analysis of microglia (IBA1), astrocytes (GFAP), A β plaques (Thioflavin S), and

neurons (NeuN). And statistics of quantified relative IOD value from d. *P < 0.05, **P < 0.01. Data are expressed as means \pm SEM (n=3). Unpaired t-test for a, c and e.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [table1.pdf](#)